

	Monday	Tuesday	Wednesday	Thursday	Friday
Drink	Milk – w/ ice pack	Milk – w/ ice pack	Milk – w/ ice pack	Milk – w/ ice pack	Milk – w/ ice pack
Other/Description	<ul style="list-style-type: none"> <li>▪ Deli meat sandwich, cut in half – with mayo only</li> <li>▪ Tomato packed separately, cut in half</li> <li>▪ Applesauce (spoon)</li> <li>▪ Napkin</li> <li>▪ Drink w/ ice around it</li> <li>▪ Utensils, if needed</li> <li>▪ Ice packs – plenty of them</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tuna fish sandwich, cut in half</li> <li>▪ Tomato packed separately, cut in half</li> <li>▪ Applesauce (spoon)</li> <li>▪ Napkin</li> <li>▪ Drink w/ ice around it</li> <li>▪ Utensils, if needed</li> <li>▪ Ice packs – plenty of them</li> <li>▪ Note</li> </ul>	<ul style="list-style-type: none"> <li>▪ SNBJ sandwich, cut in half</li> <li>▪ Carrots</li> <li>▪ Napkin</li> <li>▪ Drink w/ ice around it</li> <li>▪ Utensils, if needed</li> <li>▪ Ice packs – plenty of them</li> </ul>	<ul style="list-style-type: none"> <li>▪ Deli meat sandwich, cut in half – with mayo only</li> <li>▪ Tomato packed separately, cut in half</li> <li>▪ Applesauce (spoon)</li> <li>▪ Napkin</li> <li>▪ Drink w/ ice around it</li> <li>▪ Utensils, if needed</li> <li>▪ Ice packs – plenty of them</li> </ul>	<ul style="list-style-type: none"> <li>▪ SNBJ sandwich, cut in half</li> <li>▪ Carrots</li> <li>▪ Napkin</li> <li>▪ Drink w/ ice around it</li> <li>▪ Utensils, if needed</li> <li>▪ Ice packs – plenty of them</li> </ul>
Grain	Whole grain bread	Whole grain bread	Whole grain bread	Whole grain bread	Whole grain bread
Fruit	Applesauce (and spoon)	Applesauce (and spoon)	Jelly	Applesauce (and spoon)	Jelly
Dairy	Milk	Milk	Milk	Milk	Milk
Vegetable	Tomato slices	Tomato slices	Carrots	Tomato slices	Carrots
Protein	Deli meat – whichever we have on hand	Tuna fish	Soynut butter	Deli meat – whichever we have on hand	Soynut butter
Morning Snack	Water only – no snacks on Mondays	String cheese and crackers w/ milk	String cheese and crackers w/ milk	String cheese and crackers w/ milk	String cheese and crackers w/ milk